

Longitudinal Clinic Experience

- Goal:** To expose fellows to a diverse population of older adults ranging from robust to end-of-life care on an outpatient basis, both in the role of primary care physician and as a geriatric consultant. They will acquire the skills needed to care for older outpatients and develop a detailed working knowledge of the issues involved in caring for this population
- Locations:** Benedum Geriatric Center or “The Senior Care Institute” (SCI) at Shadyside on Wednesday afternoons.
- Preceptors:** Michelle Rossi, M.D. – Primary Preceptor at Benedum
Elizabeth O’Keefe BM, BCh – Primary Preceptor at Shadyside SCI
- Experience:** The fellow will have a panel of patients who they will follow regularly in the clinic and for whom they will be “on-call” for interim issues from 8am to 5pm on weekdays. In addition, they will see patients referred for geriatric consultation. On average, they will be expected to see one new patient or consult, and 3 to 4 follow-ups in one half-day clinic/week throughout the year under the supervision of an attending physician. They will work with an interdisciplinary team comprised of a psychiatrist, psychologist, social workers, nurse practitioners and nurses to provide comprehensive care for the elderly patient

Competency-based Objectives:

Medical Knowledge

1. To identify physiologic changes associated with aging versus those associated with disease
2. To demonstrate knowledge of the etiology and management of common geriatric syndromes including, but not limited to, the following:
 - Incontinence
 - Dementia
 - CHF
 - Osteoarthritis
 - Diabetes Mellitus
 - Osteoporosis
 - Falls
 - Sensory Impairment
 - Malnutrition
 - Depression
 - Anxiety
 - Coronary artery disease and arrhythmias
 - Medication issues

Patient Care (Clinical Skills)

3. To complete comprehensive evaluations of new patients, formulate a differential diagnosis and develop a plan of care with a focus on preserving and improving functional status
4. To demonstrate appropriate geriatric consultation technique including clarifying the consulting physician's questions, evaluating the patient, ordering appropriate diagnostic work-up and providing concise feedback to the consulting physician

Patient Care (Patient Management Skills)

5. To become an expert in prescribing medications for the elderly (avoid harmful ones, minimize number, be aware of drug-drug interactions and be respectful of cost)
6. To work with the patient, caregiver and the interdisciplinary team to maximize patient safety in the home
7. To recommend health maintenance appropriate for the health status of the patient

Practice-based Learning

8. To practice evidence-based medicine
9. To research topics relevant to patient care using web-based resources
10. To review patient outcomes, and how these might have been improved
11. To present clinical cases at the weekly geriatric conference (including mortality and morbidity)

Communication and Interpersonal Skills

12. To interact effectively and empathetically with caregivers
13. To communicate effectively with other members of the interdisciplinary care team
14. To write a concise consult letter detailing findings and recommended plan of care

Professionalism

15. To be accessible to the clinic nurses and social workers for patient-related questions
16. To be responsible for checking the results of diagnostic tests and returning patient phone calls
17. To demonstrate proficiency in discussing advance directives and limitations of care

System-based Practice

18. To learn what services are available for the frail elderly in the community and how to access them
19. To know when it is appropriate to consult a home health agency
20. To practice cost-effective medicine
21. To know the role of Adult Protective Services (APS)

Preceptor

Fellow

Date: _____

Date: _____