

Institutional Long Term Care

Goal: To provide an opportunity for the fellow to gain experience in institutional long term care administration and practice.

Locations: Asbury Heights – a 139 bed skilled nursing facility (Asbury Heights), 42 assisted (Asbury Place), and 76 residential beds (Asbury Villas), spread out over a Continuing Care Retirement Community, and part of the Faith-Based Long Term Care Network. The primary preceptor is Steve Handler MD, MS, a fellowship-trained geriatrician and Assistant Professor. Dr. Handler is interested in combining his knowledge of biomedical informatics with clinical geriatrics to improve medication safety in the long-term care setting. Other preceptors: David Nace, MD, MPH and Rollin Wright MD, MS.

Charles Morris Center - a 159 bed skilled nursing facility, which is part of the Jewish Association on Aging's spectrum of services for the aged in the Squirrel Hill area and is affiliated with the Faith-Based Long-Term Care Network. The primary preceptor is Susan Hardy, MD, PhD, a fellowship-trained geriatrician with her focus is the disability in activities of daily living, functional trajectories among older persons, and recovery from disability. Our other preceptor is Elizabeth O'Keefe BM, BCh.

Experience: The fellow will spend an average of 1/2 day per week at the same facility throughout their year(s) of fellowship, managing a panel of patients as the attending physician. They will also conduct a QI project.

Competency-based Objectives:

Medical Knowledge

1. To understand the services and spectrum of care available
2. To understand the roles and responsibilities of providers of care, managers and administrators
3. To be aware of the risks and potential complications for residents, and the measures needed to prevent adverse events
4. To understand regulations, payment/billing, quality indicators and assessment tools unique to the institutional long term care setting

Patient Care (Clinical skills)

5. To perform a comprehensive geriatric assessment of the frail/immobile institutionalized resident
6. To recognize changes in mental and psychiatric status in persons with advanced dementia

Patient Care (Patient Management Skills)

7. To be proficient in caring for pressure ulcers, gait disorders, falls, malnutrition, behavioral disorders, constipation, dehydration, infections, immobility and pain
8. To prescribe medications appropriately with a view to their indication, potential risks and benefits and cost

Practice-based Learning

9. To develop decision-making skills based on limited data, available evidence and patient preferences

Communication and Interpersonal Skills

10. To be proficient in conducting a family conference.
11. To communicate in a timely and effective manner with family members

Professionalism

12. To become competent at handling end-of-life decisions in the institutional setting

System-based Practice

13. To interact with the interdisciplinary team and use available resources to develop a comprehensive plan of care and goals for discharge.

Evaluations: Competency-based evaluation by preceptor quarterly

Recommended reading:

Ouslander JG and Osterweil D. Physician evaluation and management of nursing home residents. [Ann Int Med 1994; 120:584-92.](#)

Dimant J. Roles and responsibilities of attending physicians in skilled nursing facilities. [J Amer Med Dir Assoc 2003; 4:231-43.](#)

Gurwitz JH, Field TS, Avorn J, McCormick D, Jain S, Eckler M, et al. Incidence and preventability of adverse drug events in nursing homes. [American Journal of Medicine 2000; 109\(2\):87-94.](#)

Dimant J, Phillips C. White Paper on Quality Pharmaceutical Care in Long Term Care: [American Medical Directors Association; 1999.](#)

Winzelberg GS. The quest for nursing home quality: learning history's lessons. [Archives of Internal Medicine 2003; 163\(21\):2552-6.](#)

Beers MH. Explicit criteria for determining potentially inappropriate medication use by the elderly. An update. [Archives of Internal Medicine 1997;157\(14\):1531-6.](#)

Field TS, Gurwitz JH, Avorn J, McCormick D, Jain S, Eckler M, et al. Risk factors for adverse drug events among nursing home residents. [Archives of Internal Medicine. 2001;161\(13\):1629-34.](#)

Preceptor

Fellow

Date: _____

Date: _____